



DOWNRIVER CANOE COMPANY

Trail Safety Guidelines

Ride Smart. Ride Prepared. Ride Respectfully.

- **Know Your Limits:** Choose trails that match your skill level. When in doubt, scout it out.
- **Gear Up:** Helmets are required. Gloves, pads, and eye protection strongly recommended.
- **Stay Alert:** Trails may include steep descents, loose terrain, wildlife, and other riders.
- **Yield Wisely:** Uphill riders and hikers have the right of way. Announce yourself when passing.
- **Respect the Trail:** Stay on marked paths. Avoid skidding and shortcutting switchbacks.
- **Weather Aware:** Conditions change fast. Check forecasts and river levels before heading out.
- **Emergency Ready:** Carry water, a basic repair kit, and know your location. Cell service may be limited.
- **Leave No Trace:** Pack out all trash. Be kind to nature and fellow adventurers.

In case of emergency, call 911 and provide the nearest trail marker or landmark.



Since 1974
DOWNRIVER CANOE COMPANY
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IMBA Trail Difficulty Rating System

IMBA				
EASIEST WHITE CIRCLE	EASY GREEN CIRCLE	MORE DIFFICULT BLUE SQUARE	VERY DIFFICULT BLACK DIAMOND	EXTREMELY DIFFICULT DBL. BLACK DIAMOND

Shenandoah River State Park Bike Trails